

WELCOME



Commanding Officer

LtCol DeLorenzo

Executive Officer

Major Byrnes

Sergeant Major

SgtMaj Vealey

ABOARD!!



MWHS-2 Family Readiness Policy

From: Commanding Officer
To: All Hands

1. The capabilities of our individual Marines – and therefore the capability of Marine Wing Headquarters Squadron Two (MWHS-2) – are directly related to the strength and resiliency of our families. Therefore, our Unit, Personal, and Family Readiness Program (UPFRP) is an integral part of our plan to support the effective and efficient functioning of the Wing.

2. Our UPFRP mission is to ensure our Marines, Sailors, and their families and loved ones successfully navigate unit mission events, career events, and life events. To support us, our Family Readiness Officer (FRO), Mrs. Alesha Burkeen, is our professional staff officer charged with executing our Family Readiness Program in coordination with our mission. This is done in alignment with our Family Readiness Command Team and uses all available resources to include Marine Corps Community Services (MCCS) and our volunteers. However, our Family Readiness Program is only designed to assist leaders. Maintaining the readiness of our Service members and their families requires the effort of all hands.

3. Families include spouses, children, parents, designated extended family members, and our single Marines and Sailors. In order to maximize the effectiveness of our program, we shall:

- Effectively communicate regarding unit events and family issues.
- Keep families informed of squadron and family events through all available tools of communication. (Newsletter, Squadron Website, Facebook, eMarine)
- Keep the chain of command informed regarding significant family events (pregnancies, births, illnesses, marriages, divorces).
- Assist families, celebrate with them, and be present through life events.
- Maintain accurate and updated administrative information for program effectiveness.
- Maximize our awareness and usage of the extensive local Marine Corps Community Services.
- Establish and maintain relationships and camaraderie among MWHS-2 families.

MCAS Cherry Point has outstanding resources for families to include childcare, counseling, EFMP services, spouse / family education, deployment support, civilian career assistance, and more. Encourage our MWHS-2 Marines, Sailors, and families to use these resources to achieve our mission.

W. R. DELORENZO

12 Aug 2014



MWHS-2

Family Readiness Officer

Hello!! My name is Alesha Burkeen, and I am the Family Readiness Officer (FRO) for MWHS-2. I would like to take a moment to welcome you to our squadron, and to give you a little insight into what my job entails and what this small booklet offers.

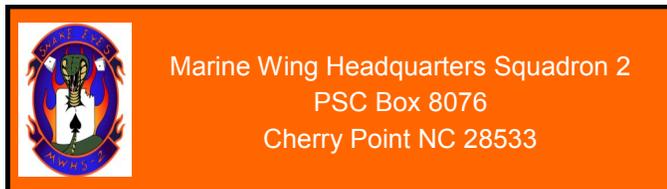
As the FRO, it is my responsibility to provide support for the Marine and their family members. The Marine Corps now recognizes that a Marine's support not only comes from a spouse, but from anyone that Marine deems as important to their well-being. This may include parents, sibling, and/or friends. When you check in with me, you will fill out a Unit, Personal and Family Readiness Program Authorization form, update your family readiness tab on Marine Online, and register and subscribe to our page on eMarine. Some methods I use when communicating with your family members include: sending out welcome letters and/or emails, eMarine postings, emails, website updates, and Family Readiness Updates.

Family members and Marines can utilize the Family Readiness Officer for information and referral, deployment related issues, and event coordination--just to name a few. Additional support is also provided through Marine Corps Family Team Building, Marine and Family Programs, and the Base Chapel.

This small booklet provides information on available resources provided by the command and base as well as how to get connected with us!

Please feel free to call me with any issues that you may have concerning the resources available to you both on and off base, settling into a new area, deployment related topics, or any other questions you may have. This small booklet is just a snapshot of some of the resources that are available to you and your family members. If you are unsure about anything, or would like more information my door is always open!!

Sincerely,
Alesha Burkeen
MWHS-2 Family Readiness Officer
Office: 252-466-7035
Cell: 252-288-8349
alesha.burkeen@usmc.mil



MWHS-2 Family Readiness Websites

eMarine: www.eMarine.org

Marines.mil: <http://www.2ndmaw.marines.mil/2ndMAWUnits/MWHS2.aspx>

Facebook: <https://www.facebook.com/mwhs2>



MWHS-2 PARENT PROGRAMS

These programs are provided by the command and intended to support dual active duty couples, single parents, and stay at home parents as an opportunity to meet other parents new to the command and help integrate them into our family at MWHS-2. Additionally, single parents new to the base can contact the FRO for our Command Single Parent POC who can help them connect with other single parents and resources as they transition to the area.

MEAL SUPPORT PROGRAM

What: Meal Support Program provides support in a time of need and help relieve undue stress on Marines, families when dealing with a life event. Such life events that meet the requirements of the Meal Support Program are; birth of a new baby, hospitalization, death in the family, illness, injury, or another need for support. All other requests will be reviewed and supported if possible.

Requests should be made 3-5 days in advance to the Family Readiness Officer.

Who: The Meal Support Program will provide up to 3 meals, spread over 3 days to Marines, Sailors and families. This includes single and geo-bachelor Marines.

How: Meal requests are anonymous, made directly through the FRO, and then a meal team member is contacted to provide a meal. The identity or purpose of the meal is not revealed to the program volunteers, only information requested to support the meal request. Meal requests should include the number the meal is to feed, any allergies, the number of meals requested and the days the meals should be delivered. Once the meal request has been processed by the FRO and Meal Support Team leader, the section will be contacted to have the meal delivered. Volunteers will not deliver meals directly to the requesting Marine/Sailor home.

To sign up for these programs or for more information...

Please contact the FRO;

**Alesha Burkeen at 252-466-7035/
alesha.burkeen@usmc.mil**

PARENT PLAYGROUP

What: Monthly Parent Playgroup

When: Monthly, 3rd Thursday

Where: Each month, location varies

*location will be sent out in monthly emails

Who: All Deuce Parents are invited bring their little ones to a playgroup each month where kids will enjoy time with other kids and parents can sit back and relax and mingle with other parents!

NEW BABIES

New baby Welcome: Let us celebrate the birth of your new baby with you! New parents who notify the FRO of the baby's birth will receive a command baby certificate and set of orders signed from the CO, as well as a hand knitted item from one of our unit volunteers! Parents will also receive an email with available resources and programs specific to life with a new baby. The list of programs and resources can be requested from the FRO as soon as you are expecting.

The following information is needed in order to create the baby orders and certificate:

Mom & Dad's full name

Baby's full name

Baby's sex

Place of Birth (hospital name)

Date of Birth

Time of Birth

Weight

Height

Home Address

Family Readiness Communications:

A Marine's Family is defined as the one "Born Into", "Sworn into" and "Married Into."

Duties of a Family Readiness Officer (*Include but are not limited to...*)

COMMUNICATION

Official communication and outreach to families of single and married Marines.

INFORMATION & RESOURCES (through eMarine and monthly emails)

Subject matter expert on base, local, national, and web-based resources that are available.

READINESS & DEPLOYMENT SUPPORT

Provide education and ongoing communication during a deployment cycle, including pre-deployment and return and reunion briefs.

VOLUNTEER MANAGEMENT

Volunteer management and support (i.e. graduation ceremonies, volunteer appreciation, and FR meetings)

MWHS-2 FACEBOOK Page	Spouse Facebook Page	MAILCHIP	eMarine
www.facebook.com/mwhs2	https://www.facebook.com/groups/mwhs2cp/	Click here to subscribe/unsubscribe	www.emarine.org

Welcome Aboard Expo

2015 Welcome Aboard Dates

19 August 16 September

21 October 18 November



Spouses are encouraged to attend!!

The Welcome Aboard is held from 0900-1100 at Miller's Landing. Attendees must be at the Miller's Landing NLT 0845 as the brief begins promptly at 0900. Marines must be in the uniform of the day (no flight suits).

The Welcome Aboard Resource Expo is MANDATORY for all incoming Company Grade officers and enlisted Marines in the grades Sergeant (E-5) and below.

Spouse and Civilians employees new to the area are also welcome to attend!!

Registration is required!! Please register by close of business of the Friday prior to the WAB. To register, contact MCFTB at 252-466-4637.

Quick Reference

Organization	Address or website	Phone
Base Information	http://www.cherrypoint.marines.mil/About.aspx	252-466-2811
MWHS-2 Duty Officer	Bldg 1	252-466-4313
MWHS-2 S-1 Office	Bldg 294 Wing 9	252-466-3610
Station Chaplain	Bldg 100	252-466-4000
Chaplain Duty	PMO 24 Hour Number	252-466-7248
Family Readiness Officer	BLDG 294 Wing 10	252-466-7035
FRO: Alesha Burkeen	alesha.burkeen@usmc.mil	252-288-8349
IPAC	http://www.cherrypoint.marines.mil/HelpfulResources.aspx	
DMO	http://www.cherrypoint.marines.mil/Resources/DMO.aspx	252-466-2345
MCAS Cherry Point	www.cherrypoint.marines.mil	252-466-2811
MCCS Cherry Point	www.mccscherrypoint.com	
Military OneSource (24/7)	www.militaryonesource.mil	800-342-9647
Naval Health Clinic	www.med.navy.mil/sites/cpoint/Pages/default.aspx	252-466-0367
Semper Fit	http://mccscherrypoint.com/semper-fit/	252-466-4232
Single Marine Program	http://mccscherrypoint.com/programs/single-marines-program/	252-466-3027
Transition Assistance Program	http://mccscherrypoint.com/programs/personal-professional-development/transition-assistance/	252-466-4201
PASS & ID	http://www.cherrypoint.marines.mil/Resources/PassID.aspx	252-466-5921
Station Housing	http://www.cherrypoint.marines.mil/StaffOffices/FamilyHousingOffice.aspx	252-466-4794
Cherry Point Inn	http://mccscherrypoint.com/shopping-services/lodging/	252-466-2848
Devil Dog Inn	http://mccscherrypoint.com/shopping-services/lodging/	252-466-3060
Cherry Point Commissary	www.commissaries.com/stores/html/store.cfm?dodaac=HQCCAZ	252-466-0800
Education Office	T&E Bldg on "C" Street	252-466-3500